



18+ Care Leavers Newsletter

May 2020

You can view the website in different languages.

NCDV HERE TO SUPPORT YOU

The National Centre for Domestic Violence (NCDV) will support ANYBODY who has experienced domestic abuse with a variety of services.

They will help you to seek other accommodation, go through court with you if required and help you to cope with the lasting impact of the situation.

For information on making a referral or to find out more about what support you can get, please visit: **www.ncdv.org.uk**

You can also give them a call on:
0800 970 2070

The mission of NCDV is to help people identify the early signs of domestic abuse, make decisions for a better life and to make domestic abuse socially unacceptable.



National Centre for
Domestic Violence

SURVIVORS FORUM

Women's Aid have a Survivors Forum. This is a safe space where people with experience of domestic violence can talk to and support each other. You can view the forum without signing up but you will need to register to take part and engage with others.

You can find the registration form here:
survivorsforum.womensaid.org.uk/register/

REFUGE HELPLINE

As a woman fleeing domestic abuse, you may want to access specialist refuge accommodation. They can also support you to find other specialist services in your community, which can provide support whether you have left your partner or not.

The Helpline can help you find a refuge vacancy for you and your children. Give them a call for more information on **0808 2000 247** or visit **www.refuge.org.uk** for more information

HOUSING HELP

Women at risk of homelessness as a result of Domestic Abuse can receive support with their housing needs. Call the Housing Options Hub:
0808 169 9604

LGBT HELP FROM GALOP

The national LGBT Domestic Violence Helpline is run by Galop, the leading LGBT anti-violence and abuse charity. Galop has been working for 33 years to support LGBT victims of abuse, violence and discrimination through a variety of services, including a helpline and as the lead partner of The Domestic Abuse Partnership which is the only specialist multi-agency community response to LGBT Domestic abuse- call them on **0800 999 5428** or visit their website **lgbtdap.org.uk** If you can't get a quiet place to talk, you can also email **help@galop.org.uk**

DA SUPPORT FOR MEN

It can be a lot harder for a man to admit he is being abused or even to notice but it can be just as life altering.

Domestic abuse comes in many different forms but each one is just as damaging. It is therefore important that you reach out even if you aren't too sure that it is abuse. The Respect helpline will assist you in figuring that out.

You can call the Respect helpline and find friendly and helpful people who will be able to support you **0808 8010 327** or visit the website: **mensadviceline.org.uk**