



Make money make sense

Our **Young Adult Programmes** equip 16-25-year-olds with the essential money management skills they need to navigate major life transitions, such as starting work or moving out for the first time.

What We Offer

Our programmes are designed to provide practical, real-world financial knowledge. Sessions are interactive, engaging, and tailored to suit the needs of each group. Participants can also earn a Level 1 Personal Money Management qualification.

Key Details

- **Format:** Flexible course structure (ranging from one day to five)
- **Who it's for:** Young adults in transitional life stages
- **Group size:** 6-15 participants

Accreditation Modules

The following core topics must be covered to get the Level 1 Personal Money Management qualification:

- **Income:** Sources of income, employment and self-employment and employee rights
- **Deductions:** Reading a payslip, taxes, National Insurance, student loans and pensions
- **Spending:** Household costs, comparing products, and ways to pay
- **Budgeting:** Planning a budget, adjusting for expenses, and saving
- **Banking:** Choosing the right accounts and understanding savings
- **Borrowing:** Credit scores, loans, debt management, and avoiding pitfalls



Our courses also cover:

- **Housing & Tenancies:** Managing rent, utilities, and tenancy agreements
- **Consumer Rights:** Understanding legal protections to avoid financial loss
- **Gambling Awareness:** The risks and impacts of gambling on finances

Customised Learning Options

In addition to the core topics, participants and organisers can select from a range of optional modules to tailor their learning experience:

- **Full Modules (45 min - 1 hour):** Saving & Investing, Public Spending, Debt, Keeping Safe, Saving for Retirement
- **Mini Modules (30 min):** Credit Scores, Household Costs, Loan Sharks, Savings Goals, Student Loans, Insurance

Brilliant workshop to help young people face financial challenges. A great and worthwhile resource, important for all youths, especially care leavers. Can't wait until the next one!

Dawn Mason,
*Personal Advisor,
London Borough of
Bexley*

Get Involved!

Want to help young adults get money ready?
Contact us today to find out how we can
bring the language of finance to life.

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